

4 Days / 3 Nights Top Mountain Luxury Yoga Retreat with Hiking and Kayaking in Kastoria, Greece

Reconnect. Recharge. Realign.

Day 1 – Arrival & Grounding

- Arrival at Loggas Hotel, nestled in the peaceful hills of Kastoria
 - Welcome drink & check-in to your room
 - Free time to unwind and settle in
 - Evening yoga class – stretch and ground after your journey
 - Dinner at the hotel's restaurant – enjoy local, nourishing flavors
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Day 2 – Nature & Flow

- Morning yoga session – energize with the rising sun
 - Breakfast with a view
 - Guided hike along the renowned international trails E4 & E6 (approx. 2 hours)
 - Free time for rest or spa/self-reflection
 - Evening yoga class – slow flow to restore body & mind
 - Dinner at the hotel
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Day 3 – Water & Exploration

- Morning yoga class – breathwork and movement to awaken your senses
 - Breakfast
 - Transfer to beautiful Lake Kastoria
 - Canoe/Kayak experience on the calm waters of the lake
 - Walking tour of Kastoria's historic town – a gift from us to you
 - Return transfer to the hotel
 - Evening yoga class – relax and absorb the day's experiences
 - Dinner at the hotel
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Day 4 – Farewell & Reflection

- Breakfast
- Check-out and departure

This retreat is more than just yoga – it's an experience of nature, movement, connection, and local culture, set in one of Greece's most peaceful and beautiful regions.

Hephaestus Luxury Yoga Retreats

The logo for All Choices 24 features the text "All Choices 24" in a large, bold, black serif font. To the left of the text is a solid pink square. Below the main text, the tagline "Create Your Own Travel Adventure" is written in a smaller, grey sans-serif font. At the bottom, the website address "www.allchoice24.com" is displayed in a black sans-serif font.

All Choices 24

Create Your Own Travel Adventure

www.allchoice24.com

- Location: Loggas Hotel Kastoria, Greece
- Plus Code: H7RC+C3 Sidirochori, Greece
- Google profile : Luxury Yoga Retreats Greece | Hephaestus Luxury Yoga Retreat & Activities 4,8*
- For airport transfers please contact 3 days at least before your arrival.

Payment & Cancellation Policy

Deposit

- The deposit is non-refundable.
- Your booking is confirmed once the deposit has been received.

Cancellations

- Cancel 120 days or more before the retreat start date → 100% refund of the deposit.
- Cancel between 31 and 119 days before the retreat → 50% refund of the deposit.
- Cancel 30 days or less before the retreat → No refund of the deposit.

Remaining Balance

- Guests may pay the remaining balance upon arrival.
- The remaining balance must be paid no later than 30 days before the retreat starts.

For any questions do not hesitate to ask us.

Best Regards,
Ioannis Dislias
Manager Allchoice24

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